

Example Timetable: Seniors (Ages 13-16 years)

Week 1								
TIME	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
07:30 - 08:00		Wake-up	Wake-up	Wake-up	Wake-up	Wake-up	Breakfast	
08:00 - 08:30	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Social Day Trip	
08:30 - 09:00								
09:00 - 09:30	Welcome & Induction Activities	General Study Science/ English	General Study Science/ English	Assembly	General Study Science/ English	General Study Science/ English		
09:30 - 10:00								
10:00 - 10:30		Academic Course	General Study Science/ English	General Study Science/ English	Academic Course	General Study Science/ English		General Study Science/ English
10:30 - 11:00								
11:00 - 11:30			Break	Break	Break	Break		Break
11:30 - 12:00		Academic Course	Academic Course	Academic Course	Academic Course	General Study Science/ English		
12:00 - 12:30	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch		
12:30 - 13:00	Induction & Icebreaker Activities	Academic Course	Academic Course	Social Trip	Academic Course	General Study Science/ English		
13:00 - 13:30								
13:30 - 14:00		Break	Break		Break	Break	Break	
14:00 - 14:30			Activity 1		Activity 1	Activity 1	Activity 1	
14:30 - 15:00			Leisure		Leisure	Leisure	Leisure	
15:00 - 15:30	Supper	Supper	Supper	Supper	Supper	Supper		
15:30 - 17:00	Leisure	Leisure	Leisure/ Social	Boarding Activity	Leisure/ Social	Leisure	Leisure	
17:00 - 18:30	Supper	Supper	Supper	Supper	Supper	Supper	Supper	
18:30 - 19:00	Leisure	Leisure	Leisure/ Social	Boarding Activity	Leisure/ Social	Leisure	Leisure	
19:00 - 21:00	Bedtime	Bedtime	Bedtime	Bedtime	Bedtime	Bedtime	Bedtime	
22:00								

Week 2								
TIME	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
07:30 - 08:00		Wake-up	Wake-up	Wake-up	Wake-up	Wake-up	Breakfast	
08:00 - 08:30	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Social Day Trip	
08:30 - 09:00								
09:00 - 09:30	Social/ Leisure	General Study Science/ English	Academic Course Trip	Assembly	General Study Science/ English	General Study Science/ English		
09:30 - 10:00								
10:00 - 10:30		Academic Course		General Study Science/ English	General Study Science/ English	General Study Science/ English		General Study Science/ English
10:30 - 11:00								
11:00 - 11:30				Break	Break	Break		Break
11:30 - 12:00		Academic Course	Academic Course	Academic Course	Academic Course	Academic Course		
12:00 - 12:30	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch		
12:30 - 13:00	Social	Academic Course	Social Trip	Academic Course	Academic Course	Academic Course		
13:00 - 13:30								
13:30 - 14:00		Break		Break	Break	Break	Break	
14:00 - 14:30				Activity 2	Activity 2	Activity 2	Activity 2	
14:30 - 15:00				Leisure	Leisure	Leisure	Leisure	
15:00 - 15:30	Supper	Supper	Supper	Supper	Supper	Supper		
15:30 - 17:00	Leisure	Leisure	Leisure/ Social	Boarding Activity	Leisure/ Social	Leisure	Leisure	
17:00 - 18:30	Supper	Supper	Supper	Supper	Supper	Supper	Supper	
18:30 - 19:00	Leisure	Leisure	Leisure/ Social	Boarding Activity	Leisure/ Social	Leisure	Leisure	
19:00 - 21:00	Bedtime	Bedtime	Bedtime	Bedtime	Bedtime	Bedtime	Bedtime	
22:00								

Week 3					
TIME	SUNDAY	MONDAY	TUESDAY		
07:30 - 08:00		Wake-up	Early breakfast		
08:00 - 08:30	Breakfast	Breakfast	Departure Day		
08:30 - 09:00					
09:00 - 09:30	Social/ Leisure	General Study Science/ English			
09:30 - 10:00					
10:00 - 10:30		Academic Course		General Study Science/ English	
10:30 - 11:00					
11:00 - 11:30				Break	
11:30 - 12:00		Academic Course			
12:00 - 12:30	Lunch	Lunch			
12:30 - 13:00	Social	Lunch			
13:00 - 13:30					
13:30 - 14:00		Awards Ceremony			
14:00 - 14:30					
14:30 - 15:00					
15:00 - 15:30	Break	Break			
15:30 - 17:00					
17:00 - 18:30		Packing Time			
18:30 - 19:00	Supper	Dinner & Disco			
19:00 - 21:00	Leisure				
22:00	Bedtime	Bedtime			

This is an example timetable for 2024. Timetables may be subject change.