

SPORTS TIMETABLE

WEEK ONE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Arrive to chosen airport Transfer to Ennis Meet Host families	09:00 Meet at school	09:00 Meet at school	09:00 Meet at school	09:00 Meet at school	09:00 Meet at school	Full Day Excursion to the Aran Islands Depart Ennis 10:30am <i>Subject to change, depending on the weather.</i> Collection at CLC at 18:30	Family Day
	9:15-10:45 Induction & Welcome to Ireland Presentation <i>*rules for stay*</i>	9:15-10:45 Get to know each other games	9:15-10:45 Excursion to the Cliffs of Moher	9:15-10:45 Introduction to Irish Sports: Gaelic football and Hurling	9:15-10:45 TOURNAMENT ROUND 2		
	10:45-11:15 BREAK	10:45-11:15 BREAK	<i>Guided tour of Cliffs to O'Briens tower.</i>	10:45-11:15 BREAK	10:45-11:15 BREAK		
	11:15-12:45 Orientation Tour of Ennis and Quiz	11:15-12:45 TOURNAMENT ROUND ONE		11:15-12:45 Introduction to Irish Sports: Gaelic football and Hurling	11:15-12:45 TOURNAMENT ROUND 2		
	12:45-13:45 LUNCH	12:45-13:45 LUNCH	12:45-13:45 LUNCH	12:45-13:45 LUNCH	12:45-13:45 LUNCH		
	13:45-15:15 Class/Testing	13:45-15:15 Class	13:45-15:15 Class	13:45-15:15 Class	13:45-15:15 Class		
	15:15-15:45 BREAK	15:15-15:45 BREAK	15:15-15:45 BREAK	15:15-15:45 BREAK	15:15-15:45 BREAK		
	15:45-17:15 Class/Testing	15:45-17:15 Class	15:45-17:15 Class	15:45-17:15 Class	15:45-17:15 Class		
	17:30 Home	17:30 Home	17:30 Home	17:30 Home	17:30 Home		
	19:00-21:00 Evening with family	19:00-21:00 Evening with family	19:45-21:45 Disco at the West County	19:30-21:30 Evening activity at the school	19:00-21:00 Evening with family		

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Arrive to chosen airport Transfer to Ennis Meet Host families	09:00 Meet at school	09:00 Meet at school	09:00 Meet at school	09:00 Meet at school	09:00 Meet at school	Full Day Excursion to Galway Depart Ennis 10:30am Collection at CLC at 18:30	Family Day
	9:15-10:45 Class	9:15-10:45 Class	9:15-10:45 Class	9:15-10:45 Class	9:15-10:45 Class		
	10:45-11:15 BREAK	10:45-11:15 BREAK	10:45-11:15 BREAK	10:45-11:15 BREAK	10:45-11:15 BREAK		
	11:15-12:45 Class	11:15-12:45 Class	11:15-12:45 Class	11:15-12:45 Class	11:15-12:45 Class		
	12:45-13:45 LUNCH	12:45-13:45 LUNCH	12:45-13:45 LUNCH	12:45-13:45 LUNCH	12:45-13:45 LUNCH		
	13:45-15:15 Introduction to Martial Arts: Self Defence	13:45-15:15 TOURNAMENT ROUND 3	13:45-17:15 Excursion to the Limerick City <i>Guided tour of Limerick City Scavenger Hunt & Free time in the city</i>	13:45-17:15 Bowling and quasar American style bowling and laser tag game	13:45-15:15 TOURNAMENT ROUND 4		
	15:15-15:45 BREAK	15:15-15:45 BREAK		15:15-15:45 BREAK			
	15:45-17:15 Breathing techniques and agility training	15:45-17:15 TOURNAMENT ROUND 3		15:45-17:15 Finals and awards			
	17:30 Home	17:30 Home	17:30 Home	17:30 Home	17:30 Home		
19:00-21:00 Evening with family	19:00-21:00 Evening with family	19:45-21:45 Disco at the West County	19:30-21:30 Evening activity at the school	19:00-21:00 Evening with family			