

**POCONO SUMMER CAMP \* TEEN CAMPUS \* As of 6/25/22**  
**SAMPLE DAILY TIME SCHEDULE**

(g/schedules/time schedule/TC-22)

**LATE-BREAKFAST SCHEDULE**

8:50am..... **WAKE-UP**  
Meal ODs & Servers report to Dining Hall

9:10am..... **FLAGPOLE ASSEMBLY**

9:20-9:45am..... **BREAKFAST: Shift #1**  
Cabin Clean-up: Shift #2  
Routine Meds for morning distribution  
Optional trip to mainside canteen – shift #2

9:50-10:15am..... **BREAKFAST: Shift #2**  
Cabin Clean-up: Shift #1  
Optional trip to mainside canteen – shift #1

10:15-11:05am.... **ELECTIVE SIGN-UPS**  
Cabin Clean-up  
Sick-Call at Health Center

11:10-12:10pm.... **3<sup>rd</sup> PERIOD.** Sanitize hands.  
12:10pm..... Return to cabin. Wash-up for lunch.  
Meal ODs & Servers report to Dining Hall  
Routine Meds for lunch time distribution

12:30-12:55pm.... **LUNCH: Shift #1**  
Free Time: Shift #2

1:00-1:25pm..... **LUNCH: Shift #2**

1:10pm..... Canteen & Camp Bank: Shift #1

1:25-2:00pm..... Free Time, Sick-Call at Health Center

2:00-2:50pm..... **4<sup>th</sup> PERIOD.** Sanitize hands.

3:00-3:50pm..... **5<sup>th</sup> PERIOD.** Sanitize hands.

3:50pm..... Break

4:10-5:00pm..... **6<sup>th</sup> PERIOD.** Sanitize hands.

5:10-6:00pm..... **7<sup>th</sup> PERIOD.** Sanitize hands.

6:00pm..... Return to cabin. Wash-up for lunch.  
Meal ODs & Servers report to Dining Hall.  
Routine Meds for dinner time distribution.

6:20-6:45pm..... **DINNER: Shift #1**  
Free Time: Shift #2

6:50-7:15pm..... **DINNER: Shift #2**  
Free Time: Shift #1

7:15pm..... Canteen & Camp Bank: Shift #2

7:15-8:15pm..... Free Time

8:20pm..... **FLAGPOLE ASSEMBLY**

8:30pm..... Evening Activity  
(after evening activity) Sick-Call, Routine Meds for bedtime distribution

10:30pm..... Camper Curfew

11:00pm..... Lights-Out