

POCONO SUMMER CAMP * JUNIOR CAMPUS * As of 6/25/22
SAMPLE DAILY TIME SCHEDULE

(g/schedules/time schedule/Junior 2022)

REGULAR SCHEDULE

8:00am.....**Wake-Up**
Meal ODs & Servers report to Dining Hall.

8:20am.....**FLAGPOLE ASSEMBLY** (Inters & Seniors)
8:20-9:00am..... Breakfast (Juniors)
8:30am..... Routine Meds - morning distribution

8:30-9:10am.....**BREAKFAST**
GCCs & Instructors for 1st Period eat first.

9:00am..... Juniors prepare for 1st activity period.

9:10am..... Meal Servers report to Elective Signup Room.
Senior Staff report to Elective Room.

9:15-9:25am..... Juniors with GCCs walk to 1st activity.
Instructors for 1st period report to activity.

9:15-10:15am.....**ELECTIVE SIGN-UPS**
Cabin Clean-up
Sick-Call at Health Center

9:25-10:15am..... **1st PERIOD** (Juniors only). Sanitize hands.

10:20-11:10am.... **2nd PERIOD**. Sanitize hands.

11:20-12:10pm.... **3rd PERIOD**. Sanitize hands.

12:10pm..... Return to cabin. Wash-up for lunch.
Meal ODs & Servers report to Dining Hall.
Routine Meds - lunch time distribution.

12:30pm.....**LUNCH**

1:10pm..... Rest Period, Sick-Call at Health Center
Canteen/Camp Bank (shift #1). Wash hands.

2:00-2:50pm..... **4th PERIOD**. Sanitize hands.
Canteen (Juniors).

3:00-3:50pm..... **5th PERIOD**. Sanitize hands.

3:50pm..... Break

4:10-5:00pm..... **6th PERIOD**. Sanitize hands.

5:10-6:00pm..... **7th PERIOD**. Sanitize hands.

6:00pm..... Return to cabin. Wash-up for dinner.
Meals ODs & Servers report to Dining Hall.
Routine Meds - dinner time distribution.

6:20pm..... **DINNER**

7:00-7:25pm..... Free Time, Sick-Call at Health Center
Canteen/Camp Bank (shift #2). Wash hands.

7:30pm..... **FLAGPOLE ASSEMBLY**.
7:40pm..... Evening Activity

9:00pm..... Juniors: Curfew
Sick Call & Bedtime Routine Meds for Juniors

9:30pm..... Juniors: Lights-Out
Intermediates: Curfew
Sick Call & Bedtime Routine Meds for Inters
Sick Call & Bedtime Routine Meds for Seniors

10:00pm..... Inters: Lights-Out
Seniors: Curfew

10:30pm..... Seniors: Light- Out

LATE-BREAKFAST SCHEDULE

8:50am.....**Wake-Up**
Meal ODs & Servers report to Dining Hall.

9:10am.....**FLAGPOLE ASSEMBLY** (Inters & Seniors)
9:10-9:50am..... Breakfast (Juniors)
9:20am..... Routine Meds - morning distribution

9:20-10:00am..... **BREAKFAST**
GCCs & Activity Instructors for 2nd period eat first.

9:50am..... Juniors prepare for 2nd activity period.

10:00am..... Meal Servers report to Elective Signup Room.
Senior Staff report to Elective Room.

10:05-10:15am..... Juniors with GCCs walk to 2nd activity.
Instructors for 2nd period report to activity.

10:05-11:05am... **ELECTIVE SIGN-UPS**
Cabin Clean-up
Sick-Call at Health Center

10:15-11:05am.... **2nd PERIOD** (Juniors only). Sanitize hands.

11:10-12:10pm.... **3rd PERIOD**. Sanitize hands.

12:10pm..... Return to cabin. Wash-up for lunch.
Meal ODs & Servers report to Dining Hall.
Routine Meds - lunch time distribution.

12:30pm.....**LUNCH**

1:10pm..... Rest Period, Sick-Call at Health Center
Canteen/Camp Bank (shift #1). Wash hands.

2:00-2:50pm..... **4th PERIOD**. Sanitize hands.
Canteen (Juniors).

3:00-3:50pm..... **5th PERIOD**. Sanitize hands.

3:50pm..... Break

4:10-5:00pm..... **6th PERIOD**. Sanitize hands.

5:10-6:00pm..... **7th PERIOD**. Sanitize hands.

6:00pm..... Return to cabin. Wash-up for dinner.
Meals ODs & Servers report to Dining Hall.
Routine Meds - dinner time distribution.

6:20pm..... **DINNER**

7:00-7:25pm..... Free Time, Sick-Call at Health Center
Canteen/Camp Bank (shift #2). Wash hands.

7:30pm..... **FLAGPOLE ASSEMBLY**.
7:40pm..... Evening Activity

9:00pm..... Juniors: Curfew
Sick Call & Bedtime Routine Meds for Juniors

9:30pm..... Juniors: Lights-Out
Intermediates: Curfew
Sick Call & Bedtime Routine Meds for Inters
Sick Call & Bedtime Routine Meds for Seniors

10:00pm..... Inters: Lights-Out
Seniors: Curfew

10:30pm..... Seniors: Light- Out